

HEATHER SCHOFIELD

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Academic Appointments

Cornell University, SC Johnson College of Business
Assistant Professor (July 2023 -)

University of Pennsylvania, Perelman School of Medicine and The Wharton School
Assistant Professor (Jan. 2016 - June 2023)
Instructor (July 2015 – Dec. 2015)

The Center for Global Development
Post-doctoral Fellow (July 2014 – June 2015)

Affiliations

Bureau for Research and Economic Analysis of Development (BREAD), Affiliate, 2026 - present

Abdul Latif Jameel Poverty Action Lab (JPAL), Affiliate, 2020 - present

Leonard Davis Institute (LDI) at UPenn, Senior Fellow, 2016 – 2023

UPenn Center for Health Incentives and Behavioral Economics (CHIBE), Affiliated Faculty, 2015 - present

American Economic Association (AEA), Member, 2013 - present

Education

Harvard University, 2008 - 2014

Ph.D., Business Economics

Letter writers: Sendhil Mullainathan, Michael Kremer, Larry Katz, and David Cutler

Harvard School of Public Health, 2005 - 2007

M.S., Department of Population and International Health

Harvard College, 2001 - 2005

A.B., Economics, *magna cum laude*

Teaching and Research Fields:

Development, behavioral, and health economics

Publications and Forthcoming Papers

* *Denotes shared first authorship*

**“Psychological barriers to participation in the labor market: Evidence from rural Ghana” (With Leandro Carvalho, Damien de Walque, Vincent Somville, and Jingyao Wei) *Journal of Development Economics* (2026): 103734

**“On risk-based poverty traps” (With Chris Barrett) *World Development* 201 (2026): 107317

“CuddleCard: Protocol for a randomized controlled trial evaluating the effect of providing financial support to low-income mothers of preterm infants on parental caregiving in the neonatal intensive care unit (NICU)” (With Margaret McConnell, Alya Alsager, Plyce Fuchu, Shrivaths Sriprasad, Lindsey Simoncini, Mari-Lynn Drainoni, Erika G Cordova-Ramos, Michelle-Marie Peña, Laura Madore, Nikita S. Kalluri, Michael Silverstein, Martha J. Farah, Günther Fink, and Margaret G. Parker) *BMC Pediatrics* 25.1 (2025): 383

**“Cognitive endurance as human capital” (With Supreet Kaur, Geeta Kingdon, and Christina Brown) *The Quarterly Journal of Economics* 140.2 (2025): 943-1002

**“Informing sleep policy through field experiments” (With Gautam Rao, Susan Redline, Frank Schilbach, and Mattie Toma) *Science* 374.6567 (2021):530-533

- *“The economic consequences of increasing sleep among the urban poor” (With Pedro Bessone-Tepedino, Gautam Rao, Frank Schilbach, and Mattie Toma).” *The Quarterly Journal of Economics* (2021) 136:3: 1887-1941. PMID: 34220361
- *“Poverty-related bandwidth constraints reduce the value of consumption” (With Atheendar Venkataramani) *PNAS* 118.35 (2021)
- *“Poverty and cognitive function” (With Emma Dean and Frank Schilbach) In *The Economics of Poverty Traps*. University of Chicago Press. 2018
- * The psychological lives of the poor” (with Frank Schilbach and Sendhil Mullainathan) *American Economic Review, Papers & Proceedings* 106.5 (2016): 435-440
- “Comparing the effectiveness of individualistic, altruistic, and competitive incentives in motivating completion of mental exercises” (With George Lowenstein, Jessica Kopsic, and Kevin Volpp) *Journal of Health Economics* 44 (2015): 286–299
- “Priority setting in health: Development and application of a multi-criteria algorithm for the population of New Zealand’s Waikato region” (With Dayalu, Rashmi, Elizabeth Cafiero-Fonseca, Victoria Fan, and David Bloom) *Cost Effectiveness and Resource Allocation* 16.1 (2018): 36-49
- “A randomized controlled trial of employer matching of employees’ monetary contributions to deposit contracts to promote weight loss” (With Kullgren, Jeffrey, Andrea Troxel, George Loewenstein, Laurie Norton, Dana Gatto, Yuanyuan Tao, Jingsan Zhu, Judy Shea, David Asch, Thomas Pellathy, Jay Driggers, Kevin Volpp) *American Journal of Health Promotion* 30.6 (2017): 441-452
- “The psychology of nutrition messages” (With Sendhil Mullainathan) *Advances in Health Economics and Health Services Research* 19 (2008): 145-172

Working Papers

- *“Habit formation in labor supply” (With Luisa Cefala, Supreet Kaur, and Yogita Shamdasani)
- *“The impact of increased Covid-19 incidence on mental health: Evidence from India” (with Simone Schaner and Jinkook Lee) – *Under review at the World Bank Economic Review*
- *“High temperatures impede productivity growth on the job” (With Pedro Bessone and Isadora Frankenthal) – *Under review at The Economic Journal (EJ)*
- “Ramadan and agricultural output” – *Under review at the Review of Economic Studies (REStud)*
- *“Heat, economic stress, and mental health: Evidence from Indonesia” (with Damien de Walque, Simon Taye, Hao Wang, and Jingyao Wei) – *Under review at Frontiers in Behavioral Economics*
- *“The causal effects of income volatility and income risk” (With Leandro Carvalho, Nick Grandstaff, Vincent Somville, Damien de Walque, and Jingyao Wei)
- “The economic costs of low caloric intake: Evidence from India”

Non-Peer Reviewed Publications

- "Rethinking early-life pathogen exposure: Lessons from a natural experiment controlling hookworms" *PNAS*. 122.36 (2025): e2521265122.
- *“How to build kids’ ‘cognitive endurance’ in an age of distraction” (With Supreet Kaur) *Scientific American*. June 10, 2026

Research in Progress

- *Mental health and migration outcomes (With Achyuta Adhvaryu, Anant Nyshadham, Advait Rajagopal, Andelyn Russell, and Pedro de Souza) – *slide deck available*
- *“Beliefs about beliefs about gender in India: Implications for female labor force participation and time use.” (With Marianne Bertrand and Rebecca Dizon-Ross) – *analysis in progress*

*“Access to education and female labor force participation in India.” (With Marianne Bertrand and Rebecca Dizon-Ross) – *analysis in progress*

*“Reducing diabetes at scale in India.” (With Jinkook Lee and Harsha Thirumurthy) – *analysis in progress*

*“Access to entertainment, boredom, and youth labor supply” (With Josh Dean) – *piloting and fundraising*

Teaching Experience

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|-------------|---|
| 2026 | “Doing Applied Economics Research: Practical Skills” (AEM 7010). SC Johnson College of Business, Cornell University |
| 2026 | “Designing and Conducting Experiments in Firms” (AEM 3105/AEM 5105), SC Johnson College of Business, Cornell University |
| 2025 - 2026 | “Data Driven Decision-making” (NBA 6392). SC Johnson College of Business, Cornell University |
| 2024 - 2026 | “Microeconomics of International Development II” (AEM 7621/Econ 7661). SC Johnson College of Business, Cornell University |
| 2022 | “Development Economics.” (BEPP 941). The Wharton School, University of Pennsylvania |
| 2018 - 2019 | “Challenges and Opportunities in Africa: Healthcare and Business of Ethiopia.” (HCMG 890). The Wharton School, University of Pennsylvania |
| 2015 - 2017 | “Microeconomics for Managers” (MGEC 611 and 612). The Wharton School, University of Pennsylvania |
| 2007 | “Measuring Population Health” (Population and International Health 506). Harvard School of Public Health. Teaching Fellow for Prof. Josh Salomon |
| 2007 | “Antares Seminar” Harvard School of Public Health and Harvard Business School joint seminar. Teaching Fellow for Prof. Michael Chu and Prof. David Bloom |
| 2006 | “Foundations of Global Population and Health” (Population and International Health 272). Harvard School of Public Health. Teaching Fellow for Prof. David Bloom |

Honors, Awards, and Fellowships

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| 2026 | S.C. Johnson Curriculum Innovation Award |
| 2013 | Roger Martin Award for Excellence in Business Economics Research, Harvard Business School |
| 2008 - 2014 | Harvard University Graduate Fellowship |
| 2007 | Harvard School of Public Health Department of Global Health and Population Thesis Prize |
| 2006 - 2007 | Jacob K. Javits Fellowship Commended Scholar |
| 2005 - 2006 | Thomas E. Upham Harvard Class of 1868 Merit Scholarship |
| 2005 - 2006 | NCAA Postgraduate Merit Scholarship |

Professional Activities

Selected Conference and Seminar Presentations:

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| 2026 | Lakes Development Economics Workshop, Behavioral Decision Research in Management (BDRM), BEDI Labor & Development Workshop. <i>Scheduled: Harvard/MIT Development seminar, Cornell Labor Economics Seminar, UC Santa Barbara</i> |
| 2025 | Lakes Development Economics Workshop, Bravo Workshop in Behavioral Economics (at Brown University), Stanford Institute for Theoretical Economics (SITE) – Experimental Economics, NYU, Georgetown, Harvard University, NBER/BREAD fall meeting |
| 2024 | University of Pennsylvania, University of Maryland, Yale University |

- 2023 University of Michigan SBEE, Cornell University, Fordham University
- 2022 UC Berkeley Economics, UC Berkeley Haas, Gateway to Global Aging Conference, NHH Norwegian School of Economics, Stanford Institute for Theoretical Economics (SITE), Chicago Booth School of Business, Cornell Behavioral Economics Seminar, University of Glasgow, CHIBE-PAIR Roybal Retreat, Behavioral Economics Design Initiative (BEDI), University of Michigan Development Seminar, UT Austin
- 2021 BREAD Behavioral Economics and Development, University of Pittsburgh, Harvard Behavioral Economics Seminar, University of Zurich, Symposium on Economic Experiments in Developing Countries (SEEDEC), UC Denver
- 2020 NBER Labor Studies Spring Meeting, NBER Children Spring Meeting, Stanford Institute for Theoretical Economics, NBER Conference on the Economic Mobility, Sloan-Nomis Conference on Attention and Applied Economics
- Accepted but unable to attend: Econometric Society's World Congress 2020*
Canceled due to Covid-19: Harvard School of Public Health
- 2019 Behavioral Insights Team; Bonn/BRIQ; Bocconi University; IIES Stockholm; London School of Economics; NBER/BREAD fall meeting pre-conference, Oxford University; Paris School of Economics; Population Health Sciences Workshop (at UPenn), Sloan Nomis Workshop on the Cognitive Foundations of Economic Behavior; Stanford University, University of Edinburgh, University of Texas, Austin; University of Southern California (CESR); University of Zurich; Warwick, World Bank Human Development Forum
- 2018 Behavioral Economic and Health Symposium (UPenn); Berkeley Initiative for Transparency in the Social Sciences; International Food Policy Research Institute (IFPRI); Penn/CMU Roybal Annual Retreat; Society for Personality and Social Psychology (SPSP) - Judgement and Decision-Making
- 2017 Annual Conference of Center for Child Well-being and Development (Zurich); University of California, San Diego; University of California, Davis; University of Toronto
- 2016 AEA Annual meetings; Behavioral Exchange; Choice Symposium (Alberta Canada); George Mason University; Ideas42; Methods in Experimental Economics Research (Texas A&M); NBER Conference on The Economics of Asset Accumulation and Poverty Traps; New York University; Stanford University; University of Chicago
- 2015 Behavioral Economics and Health Symposium (University of Pennsylvania); Behavioral Economics Annual Meeting (BEAM; Yale SoM); Carnegie Mellon University; NNP Capstone Conference (Chicago Booth); Society for Judgement and Decision-Making (SJDM); University of Pennsylvania/Carnegie Mellon University Roybal Retreat; University of Pennsylvania (Wharton)
- 2014 Barcelona GSE Summer Forum; The Center for Global Development; Cornell University; Harvard University School of Public Health; London School of Economics (Econ); London School of Economics (ID); Northeastern University; Tufts (Friedman Seminar); Tufts (Econ); University of California Berkeley; University of California Santa Cruz; University of Illinois Urbana-Champaign; University of Pennsylvania (Wharton and Perelman School of Medicine); University of Pennsylvania/Carnegie Mellon University Roybal Annual Retreat; World Bank/IZA Conference on Employment and Development; The World Bank
- 2013 Harvard University; Northeast Universities Development Consortium Conference (NEUDC)

Referee Services – Journals

American Economic Journal: Applied Economics, American Economic Journal: Policy, American Economic Review, American Economic Review: Insights, Demography, Economic Development and Cultural Change,

Econometrica, The Economic Journal, Experimental Economics, Journal of Behavioral and Experimental Economics, Journal of Development Economics, Journal of Economic Behavior and Organization, Journal of Economic Literature, Journal of Health Economics, Journal of Human Resources, Journal of Public Economics, Journal of the Economics of Aging, Journal of the European Economic Association, Labour Economics, Quarterly Journal of Economics, PNAS (referee and guest editor), RESTAT, REStud, Social Science and Medicine

Referee Services – Grants

NIH (SSPB), NSF, USAID-DIV, WAM, Weiss, JPAL

Grants

Fundraising to date: Approximately 7.75 million USD as PI or Co-PI and in sub-awards as Co-I

<i>Year</i>	<i>Amount</i>	<i>Source, title, and role</i>
2026	\$11,000	Curriculum Innovation Award, divided between salary and research/teaching funds
2024	\$99,500	World Bank Research Support Budget Grant, “The causal effects of income instability on the economic and psychological well-being of the poor.” Co-PI with Leandro Carvalho, Vincent Somville, and Damien de Walque
2024	\$15,000	Weiss Fund for Research in Development Economics, “Entertainment accessibility, boredom and labor supply.” Co-PI with Josh Dean
2024	\$10,540	PCCW Affinito-Steward Grant, “Female labor force participation in India: The role of educational opportunities.” Co-PI Marianne Bertrand and Rebecca Dizon-Ross
2023	\$150,000	UPenn Holman Africa Research and Engagement Funds, “The impacts of income volatility and risk on economic outcomes among African farmers.” Co-PI with Leandro Carvalho, Vincent Somville, Harsha Thirumurthy, and Damien de Walque
2023	\$439,318	National Institute on Aging (NIA), “Leveraging a natural experiment to estimate the causal impact of blood sugar on dementia and cognition in India.” (Grant number: 3R01AG051125-07S1) Co-PI with Harsha Thirumurthy and Jinkook Lee
2023	\$300,884	National Science Foundation (NSF), “The impacts of predictable income volatility and income risk on economic outcomes and behaviors.” (Grant number: 2242588) Co-PI with Leandro Carvalho, joint work with Vincent Somville and Damien de Walque
2022	\$2,285,461	National Institute on Aging (NIA), “Unstable income, rising stress? The effects of income instability on psychological and physiological health.” (Grant number: R01AG076655) PI, joint work with Leandro Carvalho, Vincent Somville, and Crick Lund.
2022	\$16,224	UPenn Quartet Pilot grant, “The causal effects of income volatility and income risk.” Co-PI with Leandro Carvalho and Vincent Somville.
2022	\$99,451	UPenn IREF, “Habit formation in labor supply.” Co-PI with Supreet Kaur and Luisa Cefala.
2022	\$83,475	National Institute of Child Health and Human Development (NICHD), “Effect of support for low-income mothers of preterm infants on parental caregiving in the NICU.” (Grant number: 1R01HD109293) Co-I, with PIs Margaret Parker and Margaret McConnell. Full R01 is \$2,862,291, amount listed is sub-award to my institution.
2021	25,000 GBP (≈\$35,000)	Structural Transformation and Economic Growth (STEG), “Habit formation in labor supply.” Co-PI with Supreet Kaur and Luisa Cefala.
2021	\$293,500	JPAL GEA, “Beliefs about beliefs about gender in India: Implications for female labor force participation and time use.” Co-PI with Marianne Bertrand and Rebecca Dizon-Ross.

2021	\$249,976	JPAL GEA, “Alleviating loneliness among migrant garment workers in India.” Co-PI with Anant Nyshadham, Ach Adhvaryu, and Pedro de Souza
2021	\$12,000	Quartet Pilot Project Competition, “Alleviating loneliness among migrant garment workers in India.” Co-PI with Anant Nyshadham, Ach Adhvaryu, and Pedro de Souza
2020	\$35,200	UPenn Office of the Vice Provost of Research, “Funding to mitigate disruptions and restart research in the Behavioral Development Lab.”
2020	\$757,998	USAID – DIV, “Alleviating loneliness among migrant garment workers in India.” Co-PI with Anant Nyshadham, Ach Adhvaryu, and Pedro de Souza
2020	\$132,000	J-PAL Jobs and Opportunity Initiative (JOI), “Habit formation in labor supply.” Co-PI with Supreet Kaur and Luisa Cefala
2020	\$75,000	Weiss Fund, “Habit formation in labor supply.” Co-PI with Supreet Kaur and Luisa Cefala
2020	\$34,885	J-PAL Jobs and Opportunity Initiative (JOI) Covid-19 Special Call, “The effect of the Covid-19 lockdown on temporary migrants.” Co-PI, with Supreet Kaur and Luisa Cefala
2019	\$72,360	Weiss Family Program Fund, “Sustained attention as human capital.” Co-PI with Supreet Kaur and Christina Brown
2019	\$7,500	Warburg Fund, “Chronic sleep deprivation among the poor. A Lab-in-the-field approach.” Co-PI, with Gautam Rao and Frank Schilbach
2019	\$40,000	Global Engagement Fund (University of Pennsylvania), “Alleviating loneliness among migrant garment workers in India.” Co-PI with Anant Nyshadham, Ach Adhvaryu, and Pedro de Souza
2019	\$19,640	Quartet Pilot Project Competition, “Taxing the poor twice: Bandwidth, and value of consumption.” Co-PI with Atheendar Venkataramani
2019	\$8,000	Grant for Faculty Mentoring Undergraduate Research
2018	\$40,000	ALACRITY Center Pilot Grant. “Alleviating loneliness among migrant garment workers in India.” Co-PI with Anant Nyshadham, Ach Adhvaryu, and Pedro de Souza
2017	\$639,360	National Institute on Aging (NIA), “The health and behavioral effects of sleep deprivation among the urban poor in India.” (K01, Grant number: AG05569101A1)
2017	\$187,465	Pixatel, “Sustained attention in education.” Co-PI with Supreet Kaur and Christina Brown
2017	\$47,951	The University of Chicago Trust. “The impact of physical pain on productivity, cognitive function, and decision-making.” Co-PI with Frank Schilbach, Sendhil Mullainathan, and Anuj Shah
2017	\$75,000	Burke Fellowship, “Chronic Sleep Deprivation Among the Poor. A Lab-in-the-field Approach.” Co-PI, with Gautam Rao and Frank Schilbach
2017	\$7,000	Social Enterprise Initiative. “The impact of physical pain on productivity, cognitive function, and decision-making.” Co-PI with Frank Schilbach and Anuj Shah
2017	\$38,292	Global Engagement Fund (University of Pennsylvania), “Dynamic Complementarities in Education.” Co-PI with Supreet Kaur and Christina Brown
2017	≈\$380,000	Government of Tamil Nadu, “Chronic sleep deprivation among the poor. A lab-in-the-field approach.” Co-PI, with Gautam Rao and Frank Schilbach
2017	\$30,000	JPAL Pilot funds, “Chronic sleep deprivation among the poor. A lab-in-the-field approach.” Co-PI, with Gautam Rao and Frank Schilbach

2017	\$48,723	Milton Fund, “Chronic sleep deprivation among the poor. A lab-in-the-field approach.” Co-PI, with Gautam Rao and Frank Schilbach
2017	\$19,640	Quartet Pilot Project Competition, “The impact of pain reduction of productivity and cognitive function in a low-income population” Co-PI with Emma Dean, Sendhil Mullainathan, Frank Schilbach, and Anuj Shah
2017	\$50,000	Program on the Global Demography of Aging, “Chronic sleep deprivation among the poor. A lab-in-the-field approach.” Co-PI, with Gautam Rao and Frank Schilbach
2016	\$35,000	Global Engagement Fund, University of Pennsylvania, “The impact of physical pain on productivity, cognitive function, and decision-making.” Co-PI with Frank Schilbach, Sendhil Mullainathan, and Anuj Shah
2016	\$100,000	Columbia Global Policy Initiative, “Dynamic complementarities in education.” Co-PI with Supreet Kaur
2016	\$50,000	Mind Brain Behavior Interfaculty Initiative, “Chronic sleep deprivation among the poor. A lab-in-the-field approach.” Co-PI, with Gautam Rao and Frank Schilbach
2016	\$10,000	MIT/SHASS Research Fund, “Chronic sleep deprivation among the poor. A lab-in-the-field approach.” Co-PI, with Gautam Rao and Frank Schilbach
2016	\$19,842	LDI Pilot Funds, “The Impact of pain reduction on productivity and cognitive function.” Co-PI, with Emma Dean, Frank Schilbach, and Anuj Shah
2015	35,000 GBP (≈ \$52,000)	International Growth Center (IGC), “The impact of increased caloric intake on cognitive function, labor supply, and earnings.” Co-PI with Sendhil Mullainathan
2015	24,947 GBP (≈ \$37,000)	Nutricia Foundation, “The impact of increased caloric intake on cognitive function, labor supply, and earnings.” Co-PI with Sendhil Mullainathan
2015	\$20,000	Center for Development Economics and Policy (Columbia University, SIPA), “Dynamic complementarities in education.” Co-PI with Supreet Kaur
2015	\$49,940	Spencer Foundation, “Dynamic complementarities in education.” Co-PI with Supreet Kaur
2015	\$75,000	President’s Global Innovation Fund (Columbia University), “Dynamic complementarities in education.” Co-PI with Supreet Kaur
2015	\$39,860	Foundations of Human Behavior, “The impact of increased caloric intake on cognitive function, labor supply, and earnings.” Co-PI with Sendhil Mullainathan and David Bloom
2014	\$26,350	Weiss Family Program Fund, “Profit maximization among micro-entrepreneurs.” Co-PI with Frank Schilbach
2014	\$39,623	Foundations of Human Behavior, “Chronic sleep deprivation among the poor. A lab-in-the-field approach.” Co-PI with Gautam Rao, Frank Schilbach, David Dinges, and Mathias Basner
2014	\$63,383	Weiss Family Program Fund, “Chronic sleep deprivation among the poor. A lab-in-the-field approach.” Co-PI with Gautam Rao, Frank Schilbach, David Dinges, and Mathias Basner
2014	\$37,407	Transdisciplinary Awards Program in Translational Medicine and Therapeutics (TAPITMAT) and LDI Center for Health Incentives and Behavioral Economics (CHIBE) (University of Pennsylvania), “Chronic sleep deprivation among the poor. A lab-in-the-field approach.” Co-PI with Frank Schilbach, Gautam Rao, David Dinges, and Mathias Basner

2014	29,098 GBP (≈ \$45,500)	PEDL (CEPR/DFID), “Profit maximization among micro-entrepreneurs.” Co-PI with Frank Schilbach
2013	\$49,548	The Center for Decision Research at The University of Chicago Booth School of Business, “The impact of physical pain on productivity, cognitive function, and decision-making.” Co-PI with Frank Schilbach, Sendhil Mullainathan, and Anuj Shah
2013	\$50,000	Mind Brain Behavior Interfaculty Initiative, “The impact of increased caloric intake on cognitive function, labor supply, and earnings.” Co-PI, with Sendhil Mullainathan and Todd Rogers
2013	\$50,000	Program on the Global Demography of Aging, “The impact of increased caloric intake on cognitive function, labor supply, and earnings.” Co-PI with Sendhil Mullainathan
2013	\$24,900	Program on the Global Demography of Aging, “The Impact of physical pain on productivity, cognitive function, and decision-making.” Co-PI with Frank Schilbach, Sendhil Mullainathan, and Anuj Shah

Media/Press

VoxDev “How mental health affects women’s labour force participation in Ghana” April 2026.

VoxDev. “Building cognitive endurance: How a simple change in the school day can transform attentional capacity.” June 2025.

PNAS Journal Club. Reported by Amy McDermott. “When kids focus on challenges in short spurts, they build “cognitive endurance.” January 10, 2025.

Cornell Chronicle. Reported by Sarah Magnus-Sharpe. “Boosting mental muscle leads to better performance.” March 17, 2025.

Outside magazine. Reported by Hannah Seo. “How many hours of sleep do you need to be productive?” August 29, 2023.

Behind the Scenes of Econ Research podcast. Aug. 11, 2022

AEI Report Card podcast. July 27, 2022

Marginal Revolution. “Cognitive endurance as human capital.” July 17, 2022

Wharton Business Daily Interview, Dec 13, 2021

The Indian Express. “Nature of economic recovery.” Dec 7, 2020

The Print. “Indian Households remain under duress with income still below pre-Covid levels – Study.” Nov. 27, 2020.

Business Standard Op-ed. “A V-shaped recovery?” Nov. 27, 2020.

Knowledge@Wharton, Why India’s V-Shaped economic recovery falls short. Dec. 1, 2020

Knowledge@Wharton, How the COVID-19 lockdown is affecting India’s households. June 9, 2020.

OneIndia. Op-ed. “How Indian households are coping under COVID-19 lockdown.” May 13, 2020

Deccan Herald. Op-ed. “Lockdown hit: 84% of Indian households record dip in their income.” May 13, 2020

The Print. Op-ed. “Indians are getting complacent about Covid-19 — just what the virus wants.” May 13, 2020

The Economic Times. Op-ed. “Over one-third of Indian households may run out of resources in another week: CMIE Survey.” May 13, 2020

The Indian Express. Op-ed. “Experts explain: How households are coping under coronavirus lockdown.” May 13, 2020

NBER digest. Reported by Laurent Belsie. “It’s the quality of sleep that counts for boosting productivity.” April 2, 2020.

VoxDev. “Increasing sleep for the urban poor: Evidence from India.” Podcast, March 2020.
<https://voxdev.org/topic/health-education/increasing-sleep-urban-poor-evidence-india>

The Hindu. Reported by Ramya Kannan. “Study rates benefits of a post-lunch nap at work highly.” Feb. 2, 2020.

The Guardian. Reported by Hettie O’Brien. “Sleepless in.... Seattle? Which city gets the least shuteye” Sept. 25, 2018.

The Hindu. Reported by T. Ramakrishnan. “Study Planned on the Sleep Patterns of the Urban Poor.” Nov. 4, 2017.

The Economist. “The economics of Ramadan.” July 2, 2016.

Knowledge@Wharton, Radio interview. Jan. 26, 2016.

Freakonomics Podcast. Produced by Christopher Werth. “The economics of sleep.” July 16, 2015.

NPR, All Things Considered. Reported by Nurith Aizenman. “A bad night’s sleep might do more harm than you think.” Dec. 2, 2015.